

## UPLC-MS/MS Determination of GLP-1 Analogue, Liraglutide A Bioactive Peptide in Human Plasma

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### Abstract

This application highlights a simple sample pretreatment and SPE sample preparation strategy combined with analytical flow LC and tandem quadrupole MS for the highly sensitive and reproducible analysis of liraglutide from human plasma. Protein precipitation in combination with a mixed-mode SPE performed in the  $\mu$ Elution format eliminated the need for sample evaporation, reducing losses due to adsorption, and provided selectivity to the assay.

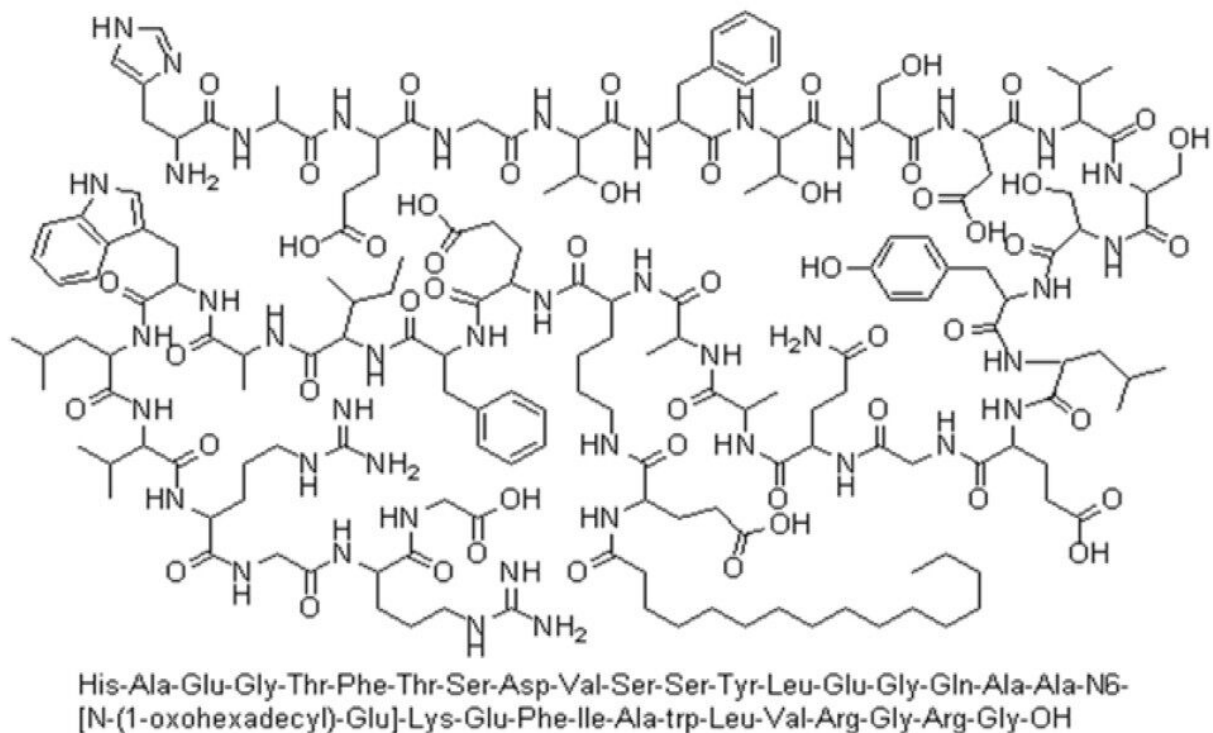
### Benefits

- High sensitivity and accuracy using UPLC Separation and Xevo TQ-XS Mass Spectrometer, achieving 1.0 ng/sensitivity for liraglutide
- Use of ACQUITY UPLC Peptide BEH C<sub>18</sub> Columns for excellent selectivity, providing resolution for liraglutide from endogenous interferences
- Fast, simple, and selective sample preparation using Oasis WAX  $\mu$ Elution Plate 30  $\mu$ m

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## Introduction

Native human glucagon-like peptide 1 (GLP-1) is a 30-amino acid peptide released from the gut in response to meals and has the capacity to regulate insulin secretion, exert extra pancreatic glucoregulatory actions and affect appetite and food intake.<sup>1-3</sup> However, with its very short half-life ( $t_{1/2} = 1-2$  min), its usefulness for the treatment of type 2 diabetes is limited. Hence GLP-1 receptor agonists with improved pharmacokinetic properties are now being developed as a new class of antidiabetes drugs. Liraglutide (ViCTOZA) is a therapeutic peptide, consisting of 31 amino acids with a molecular weight of 3751 (Figure 1). It is a human glucagon-like peptide 1 (GLP-1) analogue with high sequence homology to native GLP-1 and is used in the treatment of type 2 diabetes.<sup>4</sup> It is administered once-daily as an isotonic solution by subcutaneous injection. With delayed absorption, plasma protein binding, and stability against metabolic degradation from endogenous enzymes, liraglutide's pharmacokinetic profile is greatly better than endogenous GLP-1,  $C_{max}$  (35 ng/mL),  $t_{1/2} > 13$  hrs, and  $T_{max}$  of 9–13 hrs.<sup>5-7</sup>



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Figure 1. Chemical structure and amino acid sequence of liraglutide.

With the first patent for Victoza expiring in August 2017<sup>8</sup> and subsequent patent expirations for this drug drawing closer, research and development of liraglutide, biosimilars, and next generation insulin therapies has increased. Thus, there is also an increased need for a sensitive and selective analytical method for its quantification. With fast method development times and high specificity, LC-MS/MS assays for peptide quantification have become increasingly popular. Compared to small molecule, method development and accurate LC-MS quantification of peptides, like liraglutide, can be challenging. MS sensitivity is often lower due to poor ionization, insufficient transfer into the gas phase, poor fragmentation, and obtaining selectivity is often complicated due to interferences from biological matrices. The work described here uses UPLC separation, tandem quadrupole MS, and selective sample preparation to achieve a lower limit of quantification (LLOQ) of 1 ng/mL extracted from plasma.

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## Experimental

### Sample preparation

Standards and quality control (QC) samples were prepared by spiking liraglutide into commercially available human plasma at various concentration levels (0.5–200 ng/mL). Calibration curve standards were prepared in duplicate, while five replicates were prepared for each QC level. A 300  $\mu$ L aliquot of each of the prepared plasma standards and QC samples was pretreated with 200  $\mu$ L of acetonitrile and 200  $\mu$ L of Milli-Q water, and vortexed for one minute, followed by centrifugation at 15 °C with 4500 rpm for 10 min. The resulting supernatant (700  $\mu$ L) was then extracted using an Oasis WAX  $\mu$ Elution Plate with the protocol shown in Figure 2.

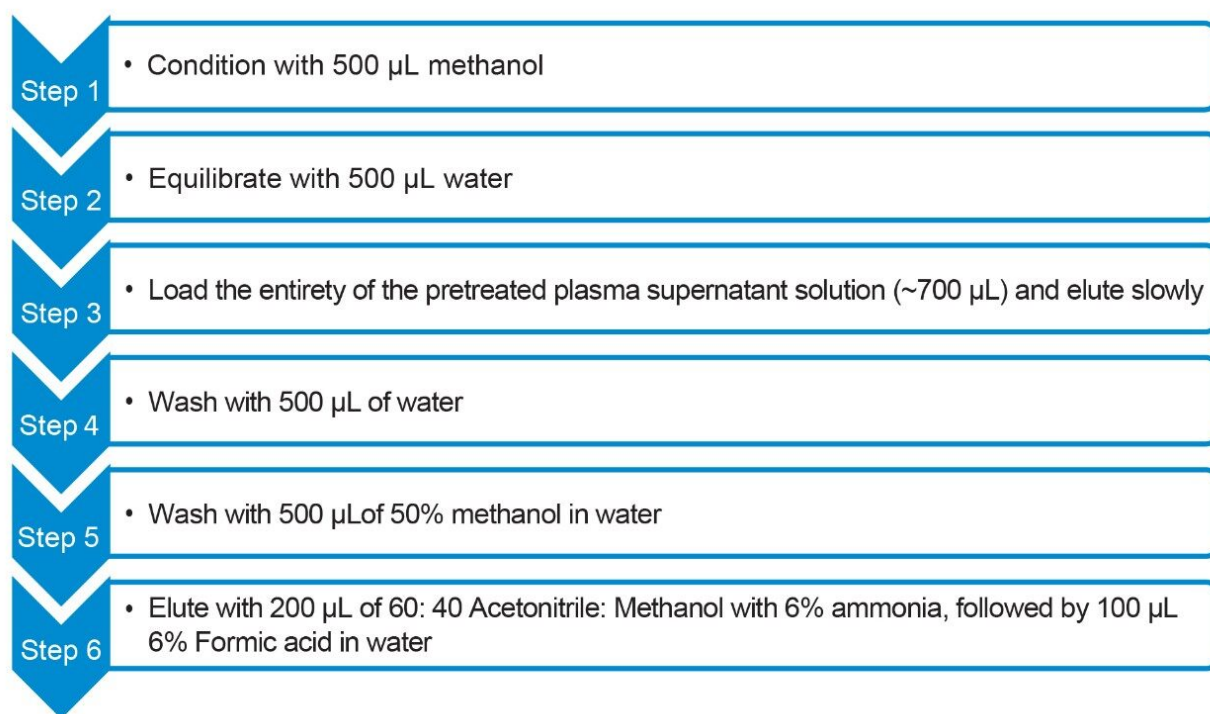


Figure 2. Sample preparation protocol for liraglutide extracted from human plasma using the Oasis WAX  $\mu$ Elution Plate.

## LC conditions

LC system:	ACQUITY UPLC I-Class System
Column:	ACQUITY UPLC Peptide BEH C <sub>18</sub> , 300 Å, 1.7 µm, 2.1 × 150 mm [p/n: 186003687]
Column temp.:	80 °C
Sample temp.:	10 °C
Injection volume:	5.0 µL
Mobile phase A:	0.3% Formic acid in water

Mobile phase B:

Acetonitrile:methanol 50:50

Time (min)	Flow (mL/min)	Mobile phase A	Mobile phase B	Curve
0.0	0.3	80	20	Initial
0.2	0.3	80	20	6
1.0	0.3	50	50	6
3.0	0.3	20	80	6
4.0	0.3	10	90	6
5.0	0.3	10	90	6
6.0	0.3	80	20	6
8.0	0.3	80	20	6

Table 1. LC gradient for liraglutide analysis.

## MS conditions

Mass spectrometer:	Xevo TQ-XS Tandem Quadrupole, ESI+
Capillary voltage:	3.0 KV (+),
Source temp.:	150 °C
Desolvation temp.:	550 °C
Cone gas flow:	150 L/h
Desolvation gas flow:	1000L/h

Collision cell pressure:  $3.8 \times 10^{-3}$  mbar

## Data management

Chromatography software: MassLynx

Quantification software: TargetLynx

Analyte	Precursor ion (m/z)	Product ion (m/z)	Cone voltage	Collision energy (eV)
Liraglutide (primary)	938.68	1064.08	40	22

Table 2. MRM transitions, collision energies, and cone voltages for liraglutide.

## Results and Discussion

In this work, we have developed a complete sample preparation and UPLC LC-MS/MS method for sensitive and accurate quantification of liraglutide from plasma. The method incorporates a mixed-mode SPE extraction using Oasis WAX in the 96-well  $\mu$ Elution Plate format [p/n: 186002500]. Oasis WAX is a polymeric sorbent, with both reversed phase and weak anion exchange retention mechanisms, which provides orthogonality to the reversed phase LC separation for improved selectivity, while the  $\mu$ Elution format facilitates high throughput extraction and sample concentration without the need for evaporation, reducing liraglutide losses due to adsorption and non-specific binding.

A simple, analytical scale LC method was developed using an ACQUITY UPLC I-Class System. Chromatographic separation was achieved with an ACQUITY UPLC Peptide BEH  $C_{18}$ , 300 Å, 1.7  $\mu$ m, 2.1  $\times$  150 mm Column, using a linear gradient (Table 1) with 0.3% formic acid in water and acetonitrile: methanol (50:50) mobile phases at a flow rate of 0.3 mL/min. Total cycle time was 8 minutes. Use of the low dispersion ACQUITY UPLC I-Class System and sub-2- $\mu$ m BEH  $C_{18}$ , UPLC

Column provided narrow peak widths (<8 seconds), affording a S/N of 126 for the lower limit of quantification (LLOQ) 0.5 ng/mL extracted plasma sample. The sensitivity and selectivity of this SPE-LC-MS/MS is illustrated in Figure 3. Specifically, for liraglutide, use of a larger angstrom pore size column in combination with sub-2  $\mu\text{m}$  particles size, slower flow rate, and shallow gradient, facilitated better diffusion for improved peptide recovery, resolution from endogenous interferences, and reduced carryover.

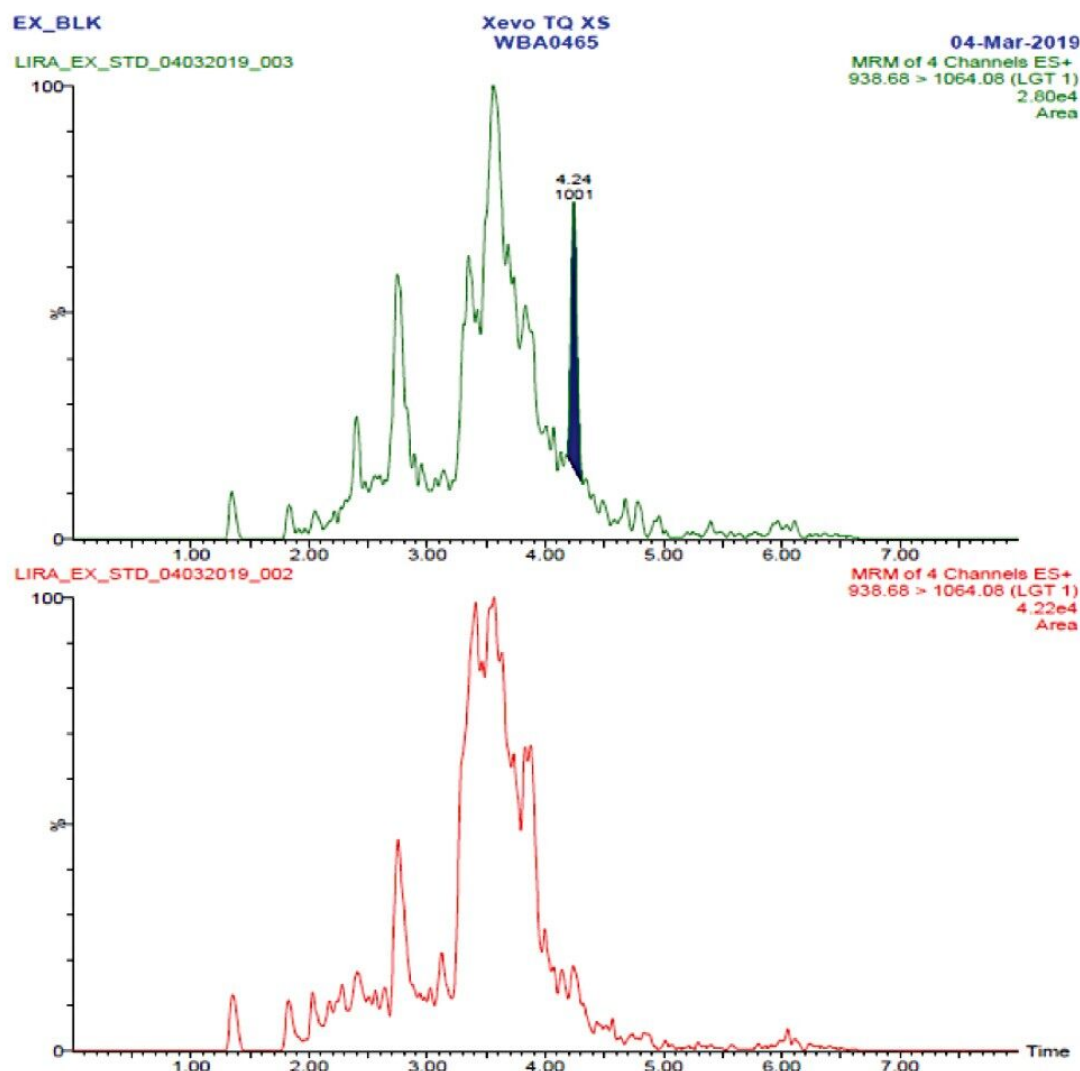


Figure 3. Representative liraglutide LLOQ (0.5 ng/mL) chromatogram, extracted from plasma, demonstrating sensitivity and selectivity.

MS analysis was performed using the Xevo TQ-XS Tandem-Quadrupole MS (ESI+). The 4+ multiply charged precursor for liraglutide at  $m/z$  938.68 and selective fragments at  $m/z$  1064.08 (Y ion) were

chosen for MRM quantification. Although many peptides produce intense fragments below  $m/z$  200, these ions (often immonium ions) result in high background in extracted samples due to their lack of specificity. In this assay, the use of highly specific  $y$ -ion fragments above  $m/z$  1000 yielded significantly improved specificity, facilitating the use of simpler LC and SPE methodologies. Optimized MS conditions used for liraglutide quantification are summarized in Table 2.

Using this complete SPE LC-MS method, quantitative performance was excellent. Calibration curves were linear ( $r^2 > 0.995$ )<sup>1</sup> from 0.5–200 ng/mL with accuracies between 85–115% and CVs  $\leq 15\%$  for all points on the curve. Figure 4 illustrates this performance. At the same time, QC statistics easily met recommended bioanalytical method development guidelines with average accuracy values between 93–106% and excellent precision (CVs  $\leq 9\%$ ). This QC performance is highlighted in Table 3 for precision and accuracy (PA) batches, while chromatographic performance for the low, mid, and high QCs is illustrated in Figure 5.

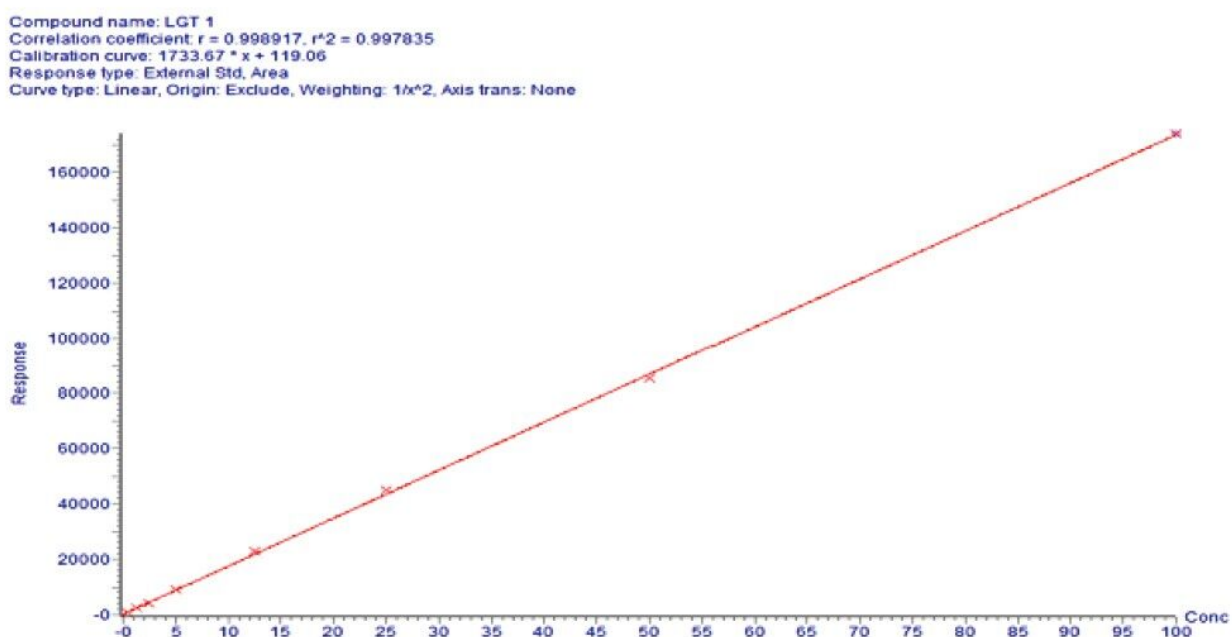


Figure 4. Representative calibration curve (0.5–200.0 ng/mL) for liraglutide extracted from human plasma.



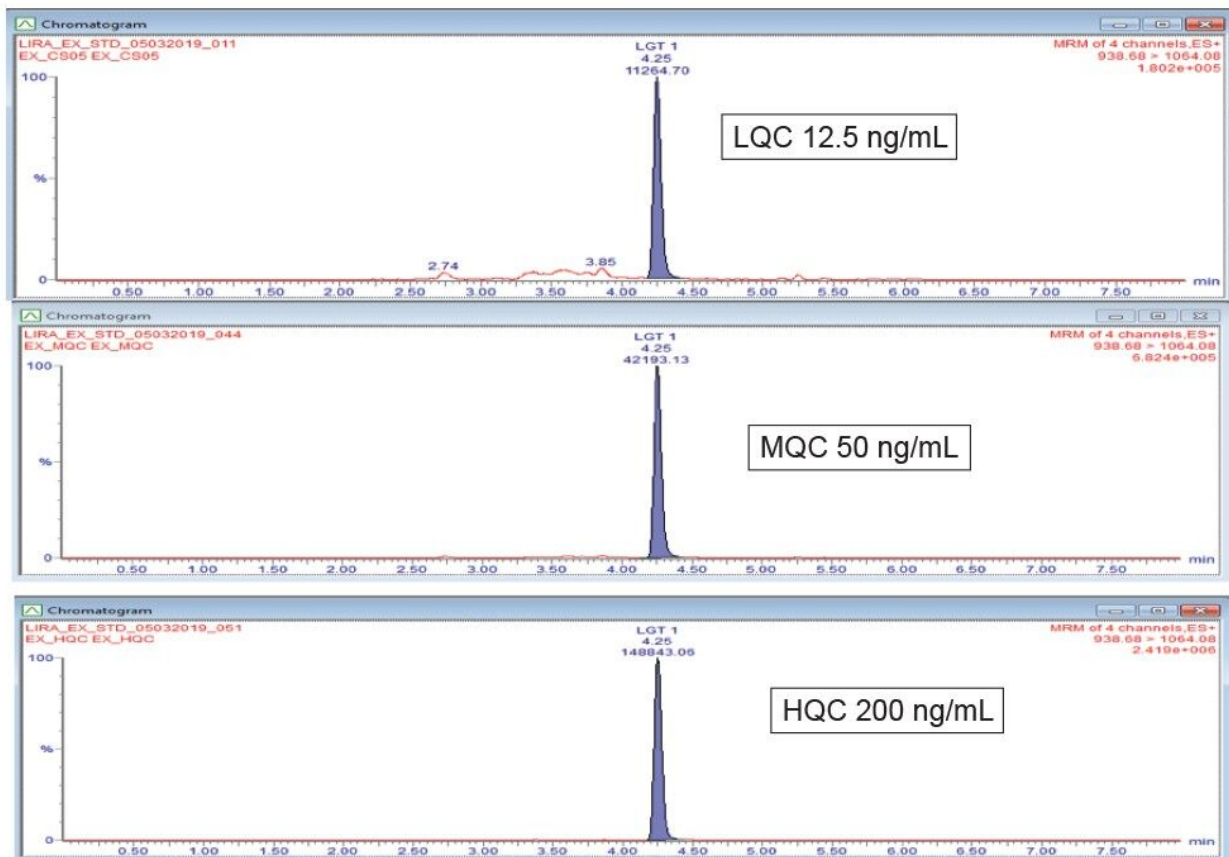


Figure 5. Representative QC chromatograms for liraglutide extracted from human plasma.

	Sample #	LLQC (0.50 ng/mL)	LQC (12.5 ng/mL)	MQC (50.00 ng/mL)	HQC (200.00 ng/mL)
BATCH 1- Liraglutide	1	0.457	11.85	53.284	183.30
	2	0.429	11.67	50.466	190.36
	3	0.452	11.66	51.349	186.41
	4	0.555	11.76	51.650	187.50
	5	0.497	11.32	53.714	180.76
	Mean conc. (ng/mL)	0.478	11.65	52.093	185.67
	STD	0.044	0.200	1.364	3.729
	% CV	9.266	1.716	2.619	2.009
	Mean % accuracy	95.60	93.24	104.18	92.84
	Sample #	LLQC (0.50 ng/mL)	LQC (12.50 ng/mL)	MQC (50.00 ng/mL)	HQC (200.00 ng/mL)
BATCH 2- Liraglutide	1	0.479	13.56	51.452	188.16
	2	0.431	13.71	52.159	187.40
	3	0.426	12.18	50.690	188.35
	4	0.489	13.56	50.785	190.63
	5	0.451	13.25	53.039	193.01
	Mean conc. (ng/mL)	0.455	13.25	51.625	189.51
	STD	0.025	0.621	0.987	2.299
	% CV	5.527	4.689	1.911	1.213
	Mean % accuracy	91.06	106.00	103.26	94.76

Table 3. Summary of quality control results for liraglutide extracted from human plasma for PA batches 1 and 2.

## Conclusion

This application highlights a simple sample pretreatment and SPE sample preparation strategy combined with analytical flow LC and tandem-quadrupole MS for the highly sensitive and reproducible analysis of liraglutide from human plasma. Protein precipitation in combination with a mixed-mode SPE performed in the  $\mu$ Elution format eliminated the need for sample evaporation, reducing losses due to adsorption, and provided selectivity to the assay.

Use of a sub-2- $\mu$ m particle  $C_{18}$  column with larger angstrom pore size in combination with an optimized LC method provided excellent chromatographic performance and resolution from endogenous interferences. The analytical sensitivity (0.5 ng/mL), linear dynamic range (0.5–200 ng/mL), and excellent reproducibility of the method described reliably measures liraglutide from only 300  $\mu$ L of plasma. This developed method has demonstrated its fit-for-purpose use in support of drug discovery and research.

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